





# CARDIOLOGY REQUISITION FORM

TO BOOK AN APPOINTMENT CALL  
**905-667-6854**  
PULSECARDIO.CA

FAX COMPLETED FORM TO  
**905-247-6010**  
Pulse Cardiology will contact the patient to  
schedule an appointment

## PATIENT INSTRUCTIONS

### ECHOCARDIOGRAPHY PATIENT INSTRUCTIONS

1. \*\* This test is an ultrasound of your heart. It will take one (1) hour.
2. Please wear a 2-piece outfit that buttons in the front.
3. Please bring a list of all the medicines you are currently taking.
4. Please bring your health card

### EXERCISE STRESS TEST PATIENT INSTRUCTIONS

1. You will exercise on a treadmill, while the doctor and technologist watch you. We will monitor your heart, blood pressure and oxygen levels. If you have any discomfort during the test, let the staff know.
2. Do not drink alcohol or caffeine on the day of the test.
3. Wear comfortable shoes, with rubber soles (such as running shoes) and loose fitting clothes.
4. If you take any rate control medications, for example beta blockers (metoprolol, carvedilol, bisoprolol, nebivolol) or similar medications (such as diltiazem), please hold these medications on the morning of your test unless your physician tells you otherwise.

**PLEASE BRING WITH YOU THIS REQUISITION FORM, YOUR HEALTH CARD AND YOUR LIST OF MEDICATIONS.**

**THANK YOU FOR YOUR COOPERATION.**

**33 CITY CENTRE DRIVE, SUITE 142, MISSISSAUGA, ONTARIO, L5B 2N5**

**PULSECARDIO.CA | INFO@PULSECARDIO.CA**